

Athol-Royalston Regional School District

JUNE 2019 HIGH SCHOOL/MIDDLE SCHOOL MENU

May 13, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
3 CHEESEBURGERS ON WW R/F POTATO CHIPS YELLOW BEANS SPINACH	4 MEAT & CHEESE TACOS SEASONED BROWN RICE SALSA SAUCE LETTUCE & TOMATO CUP CORN	5 GRILLED HAM AND CHEES PASTA SALAD GREEN BEANS SWEET POTATO	6 CHICKEN FAJITAS STEAMED BROCCOLI SEASONED CARROTS CORNBREAD	7 Pizza with WW Crust GARDEN SALAD BEETS
10 MANAGERS CHOICE	11 MANAGERS CHOICE	12 MANAGERS CHOICE	13 MANAGERS CHOICE	14 MANAGERS CHOICE
17 NO LUNCH				

ASSORTED SANWICHES, ASSORTED FRUIT AND MILK SERVED DAILY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*