

# Athol-Royalston Regional School District

SENIOR/MIDDLE SCHOOL AUGUST 2018

Monday	Tuesday	Wednesday	Thursday	Friday
		29	30	
		CHEESEBURGERS ON WW R/F POTATO CHIPS CARROTS CORN	CHEESE QUESADILLA SALSA SAUCE GREEN BEANS CALIFORNIA VEGETABLES	

ASSORTED SANWICHES AND MILK SERVED DAILY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*