

ATHOL HIGH SCHOOL/ATHOL ROYALSTON MIDDLE SCHOOL

Department of Athletics
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 Athletic Director
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2018 FALL SPORTS SEASON

Sports Offered:

<u>SPORT</u>	<u>LEVEL</u>		
Football	Varsity	JV	Middle School
Girls Soccer	Varsity	JV	Middle School
Girls Volleyball	Varsity	JV	
Boys Soccer	Varsity	JV	Middle School
Field Hockey	Varsity	JV	Middle School
Cheering	Varsity		Middle School

STUDENT-ATHLETES MUST HAVE THE FOLLOWING IN ORDER TO PRACTICE:

1. VALID PHYSICAL ON FILE WITH SCHOOL NURSE
2. REGISTRATION COMPLETED ON FAMILY ID → www.familyid.com/athol-athletics
User fees may be paid online. All user fees should be paid prior to the first contest

Physicals are valid for 13 months!

Physical forms are available in the Main Offices of Athol High School and Athol-Royalston Middle School. Dr. Reeves will conduct free physicals prior to start of fall season. Date of physicals is to be determined. Updates will be published in the Athol Daily News, on the high school Twitter account and emailed to those who have registered on Family ID.

You may check the status of your physical by contacting:
 Lydia Bartlett – AHS School Nurse – at 978-249-2435
 Sally Quinton – ARMS School Nurse – at 978-249-2430

TENTATIVE 1st PRACTICE DATES & TIMES*

High School Sports		Middle School Sports	
August 17 th	9:00 – 11:00	Football	August 20 th 2:00 – 4:30
August 23 rd	5:00 – 7:30	Girls Soccer	August 29 th 2:30 – 4:30
August 23 rd	2:30 – 4:30	Girls Volleyball	
August 23 rd	5:00 – 8:00	Boys Soccer	August 29 th 2:30 – 4:30
August 23 rd	3:30 – 5:30	Field Hockey	August 23 rd 3:30 – 5:30 (at AHS)
August 13 th	5:00 – 6:30	Cheering	August 13 th 5:00 – 6:30 (at AHS)

High School teams will practice at AHS

Middle School teams will practice at ARMS unless otherwise noted

*Exact dates, times and locations will be emailed out to those who have signed up on Family ID. They will also be published in the Athol Daily News and posted on Twitter (@AHSRedRaiders)