

Athol-Royalston Regional School District

AUGUST 2018 LUNCH

Jul 6, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Fajitas Onion & Peppers for Fajita ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	2 Bagel Lunch with yogurt & c CARROT STICKS ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	3 CHICKENBURGER CUCUMBER SLICES ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK
6 CHICKEN NUGGETS PASTA SALAD ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	7 TURKEY & CHEESE CROISS LETTUCE & TOMATO SLIC ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	8 GRILLED HOTDOG BAKED BEANS ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	9 HAM & CHEESE CROISSAN CUCUMBER SLICES ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	10 CHEESE QUESADILLA SALSA SAUCE ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK
13 CHEESEBURGERS ON WW GARDEN SALAD ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	14 HAM & CHEESE CROISSAN CARROT STICKS ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	15 MEAT & CHEESE TACOS LETTUCE & TOMATO CUP ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	16 TURKEY & CHEESE CROISS CUCUMBER SLICES ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK	17 ASSORTED GRINDERS CELERY & CARROT STICKS ASSORTED FRUIT ASSORTED FRUIT JUICES ASSORTED MILK

ASSORTED SANWICHES AND MILK SERVED DAILY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.