

Elementary Guidance Department Newsletter

Classroom Guidance Presentations

This year the guidance counselors at ACES are excited to offer students in grades K-4, weekly presentations and activities related to the development of students' social and emotional skills. These lessons directly teach students how to interact with one another in positive ways, support understanding of a variety of emotions, including how to deal with anger and problem solving.

In addition, students will have the opportunity to work on skills that will help them improve their academic performance by directly teaching organizational skills and the importance of establishing routines and responsibilities at school as well as at home. Students will have the opportunity to identify their personal strengths and interests as they explore future careers and the world of work in the 21st century.

Fall 2016

September Lessons



The first few weeks of school have been both exciting and a bit stressful, as students and staff get acquainted and acclimated to our new elementary school. Students began the month by thinking about their hopes and dreams for the new school year and beyond. In order to promote a safe and welcoming school climate, students have enjoyed helping to develop and implement classroom and schoolwide rules and procedures. They have been practicing a variety of skills such as how to walk safely in the hall and how to be responsible for behavior in the classroom, cafeteria, and on the playground. It is our intention to provide “booster” lessons throughout the school year in these areas on an as-needed basis.

October Lessons

October is National Bullying Prevention month and our students have been learning how to recognize bully behavior as well as how to respond and report it. Third and fourth graders have reviewed the Massachusetts Anti-bullying law . All students will be signing the ARRSD anti-bullying pledge to show their commitment to take a stand against bullying.

On October 19th , ACES will be participating in national “Unity Day” by wearing the color orange to show our solidarity against bullying and to unite ACES students in kindness, acceptance and inclusion. For more information please go to www.pacer.org



This Month's Character Trait: Kindness

ACES recognizes the importance of character education and this month we are celebrating kindness. Students have been discussing the definition of kindness and exploring what it might look and feel like. They have been encouraged to perform random acts of kindness and have been documenting these acts when they “catch” another student being kind. We are hoping to have at least 100 acts of kindness documented by our students before the end of the month.