

Athol-Royalston Regional School District

Monday	Tuesday	Wednesday	Thursday	Friday
2 CHICKEN NUGGETS MASHED POTATO CALIFORNIA VEGETABLES CORN	3 CHICKEN TACOS TURKEY & CHEESE SAND LETTUCE & TOMATO SALSA SAUCE GREEN BEANS SWEET POTATO FRIES	4 TURKEY & CHEESE CROISSANT HAM & CHEESE SAND W/LETTUCE /TOMATO CALIFORNIA VEGETABLES GARDEN SALAD ASSORTED FRUIT JUICES	5 CHEESEBURGERS ON WW ROLL TUNA ROLL R/F POTATO CHIPS GARDEN SALAD STEAMED BROCCOLI BEAN CHILI	6 STUFFED CRUST PIZZA BOLOGNA & CHEESE / WHEAT LETTUCE & TOMATO PEAS SWEET POTATO
9 ASSORTED CHICKEN MASHED POTATO CALIFORNIA VEGETABLES PEAS	10 SLOPPY JOE ON A BUN W W/TURKEY & CHEESE Sweet Potato TOTS CORN	11 SPAGHETTI W/ MEATSAUCE HAM & CHEESE SAND W/LETTUCE /TOMATO GARDEN SALAD GREEN BEANS WHOLE WHEAT BREAD STICKS CHOC & VAN PUDDING	12 GRILLED CHICKEN PATTY POTATO PUFFS BROCCOLI SEASONED CARROTS CONFETTI BEAN SALAD	13 LUNCH ROUND PEPPERONI PIZZA BOLOGNA & CHEESE / WHEAT LETTUCE & TOMATO CARROT STICKS SWEET POTATO
16 CHEESE QUESADILLA TURKEY & CHEESE SAND LETTUCE & TOMATO REFRIED BEANS SALSA SAUCE PEAS	17 AMERICAN CHOP SUEY HAM & CHEESE SAND W/LETTUCE /TOMATO GREEN BEANS GARDEN SALAD	18 MEATLOAF MASHED POTATO STEAMED BROCCOLI SEASONED CARROTS	19 CHICKEN FAJITA WRAP TURKEY & CHEESE SAND LETTUCE & TOMATO SALSA SAUCE SEASONED CARROTS CORN	20 CHEESE PIZZA 4 X 6 GARDEN SALAD GREEN BEANS
23 whole grain pancake SAUSAGE PATTY HASH BROWN PATTY CELERY & CARROT STICKS ASSORTED FRUIT JUICES	24 SCRAMBLED HAMBURG MASHED POTATO HAM & CHEESE SAND W/LETTUCE /TOMATO DINNER ROLL SEASONED CARROTS PEAS	25 CHICKEN PARM ON A ROLL OVEN FRIES GREEN BEANS CONFETTI BEAN SALAD	26 CHICKEN TENDERS MASHED POTATO CALIFORNIA VEGETABLES CORN	27 MOZZARELLA STICKS WITH MARINARA SAUCE TURKEY & CHEESE SAND LETTUCE & TOMATO STEAMED BROCCOLI GARDEN SALAD
30 NO SCHOOL TODAY	31 DELI CROISSANTS SWEET POTATO FRIES GARDEN SALAD CORN			

ASSORTED FRUIT, MILK AND SANDWICHES SERVED DAILY

**NA* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.