

Athol-Royalston Regional School District

MAY BREAKFAST 2016

Apr 15, 2016

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Monday	Tuesday	Wednesday	Thursday	Friday
2 ASSORTED MUFFINS CHEESE STICK ASSORTED FRUIT JUICES	3 SCRAMBLED EGGS FRENCH TOAST STICKS WITH SYRUP ASSORTED FRUIT JUICES	4 DONUT WHOLE GRAIN CHEESE STICK ASSORTED FRUIT JUICES	5 PANCAKES WITH SYRUP ASSORTED FRUIT JUICES YOGURT STRAWBERRY	6 DONUT WHOLE GRAIN ASSORTED FRUIT JUICES CHEESE STICK
9 TOASTED BAGEL CHEESE STICK YOGURT CUP TRIX ASSORTED FRUIT JUICES	10 FRENCH TOAST STICKS WITH SYRUP ASSORTED FRUIT JUICES SCRAMBLED EGGS	11 ASSORTED MUFFINS ASSORTED FRUIT JUICES CHEESE STICK	12 PANCAKES WITH SYRUP ASSORTED FRUIT JUICES YOGURT STRAWBERRY	13 DONUT WHOLE GRAIN ASSORTED FRUIT JUICES
16 TOASTED BAGEL CHEESE STICK YOGURT CUP TRIX ASSORTED FRUIT JUICES	17 ASSORTED MUFFINS ASSORTED FRUIT JUICES SCRAMBLED EGGS	18 ENGLISH MUFFIN SAND ASSORTED FRUIT JUICES	19 ASSORTED BAGELS ASSORTED FRUIT JUICES YOGURT STRAWBERRY	20 DONUT WHOLE GRAIN ASSORTED FRUIT JUICES CHEESE STICK
23 ASSORTED MUFFINS CHEESE STICK ASSORTED FRUIT JUICES	24 FRENCH TOAST STICKS WITH SYRUP ASSORTED FRUIT JUICES	25 ASSORTED MUFFINS ASSORTED FRUIT JUICES SCRAMBLED EGGS	26 PANCAKES WITH SYRUP ASSORTED FRUIT JUICES YOGURT STRAWBERRY	27 ASSORTED MUFFINS ASSORTED FRUIT JUICES CHEESE STICK
30	31			

ASSORTED FRUIT, MILK AND SANDWICHES SERVED DAILY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.