

Athol-Royalston Regional School District

APRIL BREAKFAST 2016

Monday	Tuesday	Wednesday	Thursday	Friday
4 DONUT WHOLE GRAIN CHEESE STICK ASS FRUIT JUICES	5 FRENCH TOAST STICKS WITH SYRUP ASS FRUIT JUICES SCRAMBLED EGGS	6 ASSORTED MUFFINS ASS FRUIT JUICES CHEESE STICK	7 PANCAKES WITH SYRUP ASS FRUIT JUICES YOGURT STRAWBERRY	8 TOASTED BAGEL CHEESE STICK YOGURT CUP TRIX ASS FRUIT JUICES
11 WW BAGEL YOGURT CUP TRIX ASS FRUIT JUICES JELLY	12 BLUEBERRY MUFFIN ASS FRUIT JUICES	13 WW ENGLISH MUFFIN ASS FRUIT JUICES	14 WW BAGEL YOGURT CUP TRIX ASS FRUIT JUICES JELLY	15 FRENCH TOAST STICKS WITH SYRUP
18 	19 	20 VACATION WEEK	21 	22
25 TOASTED ENGLISH MUFFINS ASS FRUIT JUICES	26 SCRAMBLED EGGS WW BAGEL ASS FRUIT JUICES	27 DONUT WHOLE GRAIN	28 PANCAKES WITH SYRUP ASS FRUIT JUICES YOGURT STRAWBERRY	29 TOASTED ENGLISH MUFFINS ASS FRUIT JUICES

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*