


September 2015

**DISTRICT LUNCH MENU: Elementary Schools ATHOL/ROYALSTON**

◀W						Aug/Sept 2015 ▶
<p><b>Pick 3 of 5 Entrée/Or Alternate 2 Vegetables/ 2 Fruit,/ 100% Juices, Milk</b> <b>LUNCH PRICE \$2.45</b></p>	<p><b>August 31</b> Chicken Patty on a Roll/ Lett/ Tom Slices Seasoned Potato Wedges Romaine Salad Popcorn/Asst. Fruit Meatless Chili</p>	<p><b>September 1</b> Beef Nacho's w/ Cheese sauce Lett/Tom Refried Beans Rice Salsa/ S. Cream Sherbet Cup Asst. Fruit</p>	<p><b>2 Breakfast for Lunch</b> French Toast Sticks/Syrup Vegetable Sticks Sausage Patty Sweet Potato Tots Applesauce Grape Juice/ Fruit</p>	<p><b>3</b> Rotini w Marinara Side Salad WW Roll Green Beans Asst. Fruit/ Juices Meatless Chili</p>	<p><b>September 4</b> <b>No School</b></p>	
<p><b>September 28</b> Meatball Sub Fresh Green Beans Meatless Chili Fresh Fruit Frito Corn Chips Milk</p>	<p><b>7</b> LABOR DAY <b>NO SCHOOL</b> </p>	<p><b>8</b> Scrambled Hamburger w/ Gravy Egg Noodles Green or Yellow Breadstick Asst. Fruit</p>	<p><b>9</b> Toasted Grilled Cheese-WW Spinach &amp; Vegetable Salad Cucumber/ Sticks Watermelon Slices</p>	<p><b>10</b> Chicken Tenders w/ Dip Rice Pilaf WW Dinner Roll Corn Or Veggie Sticks Fruit</p>	<p><b>11</b> 3 x 5 Cheese Pizza Garden Salad Seasoned Pasta Green Beans Meatless Chili Scoops</p>	
<p><b>September 29</b> Breakfast for Lunch Egg/Sausage &amp; Cheese on English/ Vegt. Sticks/ Home Fries/ Graham Crackers/Orange Juice</p>	<p><b>14</b> Cheese Quesadilla Lett/Tom/ Salsa/ S. Cream Baked French Fries/ Roll/ Vegetable/Fruit</p>	<p><b>15</b> Popcorn Chicken Rice Pilaf Roll California Blend Or Veggie Sticks</p>	<p><b>16</b> Cheese St. Shells Spinach Salad Garlic Stick Broccoli Asst. Fruit Meatless Chili</p>	<p><b>17</b> Hot Ham &amp; Cheese Croissant Vegetable Pasta Salad/ Corn Chips Veggie Sticks Chili</p>	<p><b>18</b> Assorted Pizza Carrot Sticks Garden Salad Vegetable Pasta Salad /Grahams Asst. Fruit/Chili 18</p>	
<p><b>September 30</b> Chicken Nuggets Sweet potato Fries Corn Niblets Fruit/Milk</p>	<p><b>21</b> Spaghetti w/ Meatballs Garlic Stick Garden Salad/Fruit Confetti Salad</p>	<p><b>22</b> Toasted Grilled Cheese-WW Spinach &amp; Vegetable Salad Cucumber/ Sticks/Fruit</p>	<p><b>23 box Lunch</b> Turkey and Cheese/ LF Chips Sandwich Apple/100 %Grape Juice Baby Carrot/Milk</p>	<p><b>Sept 24</b> Macaroni &amp; Cheese WW Dinner Roll Diced Tomatoes Side Salad</p>	<p><b>25</b> Sal's Pizza Romaine Salad Seasoned Pasta Confetti Salad Fruit/ Juice</p>	

