


August 2015

DISTRICT BREAKFAST MENU: ATHOL/ROYALSTON

						2015
Pick 3 of 4 We Offer: WG/LS Cereal/Muffins, Egg Sandwiches, WG Pop Tart, 100% Juices, Fresh and Juice Packed Fruit		1 Scrambled Eggs/ English Muffin Mandarin Oranges Pears Milk	2 WG Breakfast Bar or Cereal Fresh Fruit or Fruit Cup Milk	3 WG Cereal Yogurt 100 % Orange/ Pineapple Juice Peaches Milk	4 NO SCHOOL	
28 Egg & Sausage Croissant/ Hash Brown 100 % Grape Juice/Milk	7 NO SCHOOL 	8 Yogurt/WG Cereal, Fresh Fruit or Cup Graham Crackers/Milk	9 WG Blueberry Muffin/or Cereal/Cheese Stick/Asst. Fruit, Milk	10 Hot Oatmeal or Cold Cereal/ Cheese Stick / Chilled Pineapple/Milk	11 WG Cinnamon Bagel/ Cheese Stick Yogurt Fruit cups Milk	
29 French Toast/Syrup Orange Slice Juice/ Milk	14 WG Strawberry Pop Tart or Cereal/Orange Juice/Fruit Cup Milk	15 Pancakes w/ Syrup or Cereal, Apple Slices/ Milk	16 Cinnamon Raisin Bagel/ Cr. Cheese/ Asst. Cereal/Yogurt Fruit/Milk	17 English Muffin w/ Jelly or Peanut Butter/Yogurt Fruit/Milk	18 WG Cinnamon Apple Muffin or Cereal Fruit Cup/Juice Milk	
30 WG Cereal Yogurt 100 % Orange/ Pineapple Juice Peaches Milk	21 Asst. Cereal Assorted Bagels/ Peanut Butter Asst. Fruit 100% Juice/Milk	22 French Toast/Syrup Asst. Cereal Applesauce or Fruit Cocktail Milk	23 Oatmeal or Cereal English Muffin/peanut Butter/ Yogurt/ Juice	24 Assorted Muffins/Bagels/ Cereal/Fruit/ Juice/Milk	25 Assorted Cereals/Muffins/ Bagels, Fruits/ Juice/Milk	