

# Pleasant Street School Playground Guidelines and Procedures

## Lunch recess

**Recess areas:** A map has been created that indicates 3 zones or stations that need to be supervised during the lunch time recess (see attached). Collaborate with staff to ensure that these areas are supervised at all times during recess.

**Monitor recess for safe play.** While supervising recess, think of your role as a "lifeguard." Keep alert at all times - attempt to anticipate potential issues (see attached Appropriate Recess Play). Playground staff members are not permitted to be standing around or talking with other staff unless briefly relaying essential information. Staff members are expected to be walking around within their coverage area visually scanning that children are following recess expectations and engaging with children on how to problem solve if a difficulty arises.

- **Chasing games are not permitted** (tag, kick tag, infection, or any other game that involves running after someone).
- **Fighting games of any type** (for example power rangers, cops/robbers, or video character games) are not permitted.
- **Foursquare-** An adult needs to establish game rules and closely supervise four square.
- **Any "recreational sports" games** of kickball, soccer, capture the flag, flag football, or basketball has to be facilitated by a playground supervisor.
- **Closed areas-** Recess staff members are expected to use cones to delineate a play area or to "close" an area due to ground conditions or availability of supervision for the area.
- **Discipline-** if a child is seen by a recess supervisor breaking a rule he or she will be spoken to and a reminder will be given to follow the expectation. For a subsequent offense or at the discretion of the recess supervisor for a specific violation a child may be given a break for half of recess. Children who are given a break to "think it over" are sat by the building wall away from other children. If a child is aggressive, beyond minor physical contact, he or she will lose all of recess and will be sent inside to the principal. The family will be called and the child may be given further consequences as determined.
- **Transition-**after the bell rings students wait on their class lines to quietly enter the building, single file, with arm length spacing, in their assigned number order.

## Morning Playground

In the morning the available playground area is limited to the side yard blacktop area and the soccer field area (if it is dry). Imaginative games, playing hopscotch, or using the painted map are all activities that are permitted. Students are reminded during morning playground we "walk and talk." Use of playground equipment, climbing structure, balls, and swings are not allowed. Running is also not allowed. We ask that one staff person on duty lead the "walking club," or "exercise club" to provide a structured and predictable activity each morning. When the bell rings students' line up on their class line and prepare for morning meeting.

## Morning Meeting Expectations

Duty staff members are expected to be walking around and visually scanning to see that children are following morning playground expectations and engaging with children on how to problem solve if a difficulty arises.

All students are quiet- hats and hoods are removed.

Duty person- selects a flag holder and door holders, leads the Pledge of Allegiance, & chooses a morning song.

Students wait on their class lines to quietly enter the building, single file, arm space, in their assigned number order.

## Appropriate Recess Play

Appropriate Play	Inappropriate Play
<b>Blacktop games</b> - individual or small groups four square, hopscotch, jump rope, walking relay races, chalk, bubbles, wall ball	Running with ropes around someone else's waist. Four square-unfair teams,
<b>Monkey bars:</b> Children must have a grip when climbing on the bars	Standing at the top of the jungle gym without holding onto part of it
<b>Games on the soccer field-<u>facilitated</u> by a recess supervisor</b> soccer, capture the flag, walking relay races	Wrestling / play fighting
	Not following supervisor rules
<b>Climbing structure:</b> Walking on structure, taking turns, using the slide in a seated position, playing imagination games	Walking or running up or down slide; going down slide head first, pushing of any kind
<b>Basketball</b> Taking turns with shooting practice Playing around the world or horse	Can only practice shooting or play horse unless basketball game is supervised by an adult
Reading, talking with friends on the picnic table/buddy bench space	Playing with sharp objects
<b>Using the swings:</b> Sitting in a seated position Swinging on one's belly	"underdogs", and pushing someone from the front or standing in front of the swings
	Twisting and spinning on the swing